

FGAC Lap Swimming (Effective Tuesday June 29th 2021)

Lap Swimming Single Lane, (subject to pool capacity limits)

- No reservations are required
- Lap Swimmers must check in at the front desk
- Lap swimming limited to one hour
- After one hour you can check at the front desk, if no one is waiting you may swim in additional 30 minutes increments

Lap Swimming Sunday – Thursday at 8pm

- No reservations are required
- Lanes 1-3 will be available for lap swim (subject to pool capacity limits)

Lap Swimming Rules

- Minimum age to use lap lanes is 18 years old
- Swimmers in lap lanes must swim laps
- Maximum 2 swimmers per lane
- Equipment such as pull buoys, masks, fins, snorkels and paddles may be used
- If a problem should arise be sure to let the manager on duty know